

# **SCHOOL DISTRICT NO. 48 (SEA TO SKY)**

## **POLICY SERIES 500 - STUDENT PERSONNEL**

### **504       STUDENT HEALTH AND SAFETY** **504.11   Schools: Healthy Living:** **Physical Activity**

The Board of Education, School District 48 (Sea to Sky) recognizes the benefits to students of an active lifestyle.

Physical activity is an important aspect of a healthy lifestyle. Schools have a shared responsibility with parents, guardians, and the community to ensure that students develop healthy lifestyles habits that include daily physical activity.

The Board of Education will consider initiatives to fight obesity and promote physical fitness in children.